

THOSE WHO CARE

MEDIA KIT



ABOUT THE AUTHOR: TASHA M. LIVINGSTON

Tasha Livingston was born and raised in Pittsburgh, Pennsylvania. She obtained her Bachelor of Science in Business Administration from the University of Pittsburgh. Her passions include traveling, spending time with family, and all things self-care. She is the Owner and Operator of a mobile natural nail service called Pampered Living. Tasha is a devoted wife to her husband, Wayne, who is a Living Donor Liver Transplant recipient as of October 22, 2018. This is her first writing project and it was conceptualized and written out of passion and necessity for "Those Who Care!"

BOOK DESCRIPTION

"Those Who Care" is for the people who love and support transplant patients. The people who squeeze their loved ones hands, gaze fearfully as the transplant recipient is wheeled away, and know the pain of their heart being on an operating table even though your body is not. I've been where you are. In this journal I share my experience with you being one of "Those Who Care!" Transplant journeys can be vastly different, but the steps in the journey are similar. This journal is for us--the caregivers! If you are at the beginning of your journey you will be given insight into what to expect. My experiences will be a place of comfort for those of you currently active in the transplant process, and it will serve to remind you that you are not alone. For those of you who have already been through the process this journal is a place for you to reflect and document your feelings as certain milestone dates come around. There are features included that will be sure to keep you organized and well on your way.

BOOK INFORMATION

- Publisher : Tasha M. Livingston (December 11, 2020)
- Language: English
- Paperback : 139 pages
- ISBN-978-0578755649
- Item Weight : 9.4 ounces
- Dimensions : 6 x 0.32 x 9 inches
- Availability: Amazon

BOOK BENEFITS

- Related experience provided to guide caregiver along the journey
- Provides organized space to document medication changes, bloodwork, and appointment notes.
- Brings awareness to self-care methods for the caregiver

TARGET AUDIENCE

- Transplant Caregivers
- Hospital gift shops
- Transplant centers/hospitals



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TESTIMONIALS

"The author of this book not only shares her story in relatable detail, she also provides useful tools for caretakers to keep track of the care they are providing to their loved one. My husband is a recent transplant recipient and as I was reading this story, I felt like I wasn't alone. The emotions from the beginning of the transplant journey to now are all of the emotions that I experienced. If you are a caretaker for a transplant patient, please purchase this book and use the tools that are provided. You won't be disappointed!"

— SCraig



"This book is great! My Husband is also a liver transplant survivor and I wish I had this book! It's very knowledgeable! You need to take the time and read it ! Great job Tasha"

— Beverly Danillo

"I got your book last night. As soon as I did I sat and read it. Thank you! It's great! It was great hearing your experience and perspective and it brought back some memories of what I went through. I'm so grateful we both came out better than we were. Both purposes are evident. It would help someone who is not there yet to have an idea of the type of journey they may take."

— LHendricks

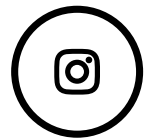


Tasha - Wife/Caregiver
Wayne - Liver Recipient
Rina - Living Liver Donor

SOCIAL MEDIA HANDLES



Those Who Care Journey



@thosewhocarejourney